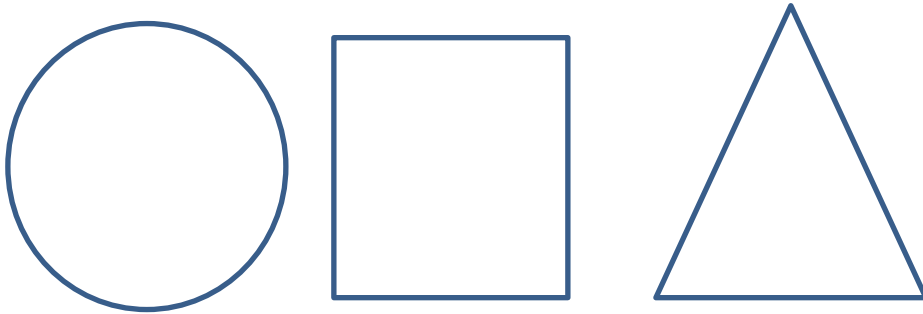


Teaching Concepts while Making a Peanut Butter and Jelly Sandwich

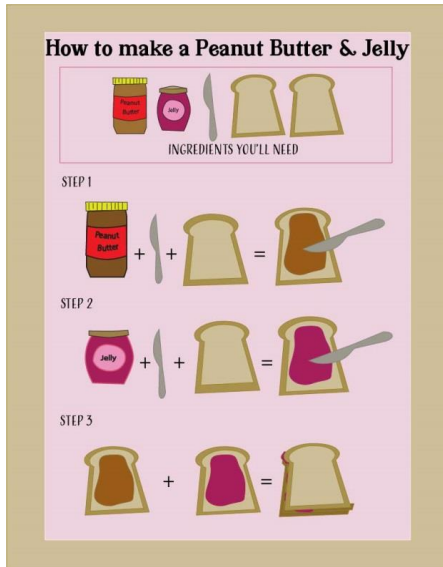
Shapes – Look for shapes in the bread, lids of jars, and when cutting the sandwich.



Colors and Sizes – Discuss and compare sizes of jars, colors of jelly and labels



Sequence - Plan the sequence. Discuss the sequence of steps while you are doing the actions and review afterwards. Use the words (first, next, then, last). They are important concept words.



first	
next	
then	
last	

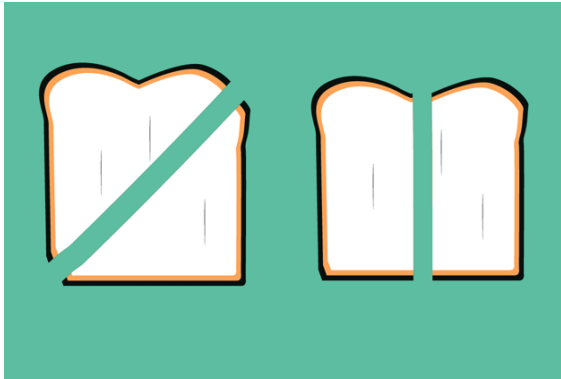
Making Choices -

Provide choices that your child can make using preferred ways of communicating. It might be nodding or shaking his or her head, pointing, or saying the words.



Some examples are asking your child to choose the flavor of jelly or choose a drink to have with the sandwich.

Sharing, Taking Turns – Take turns spreading or take turns choosing the flavor. An easy way to share a sandwich is by cutting it in half. Cutting it in half also gives practice with naming the shapes and provides an opportunity to talk about safety with knives.



Actions – Name the actions as you are doing them. Examples are listed below:

Spreading, Opening, Closing, Putting together, Cutting

