**Self-Monitoring Sheet**

You can adapt this grid to encourage the student to self-monitor goals/objectives.

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| --- | --- | --- | --- |
| Student’s Name: | | | |
| Date: | | | |
| Today we read a story! This is what we read: | I liked it! | I didn’t like it | I am not sure |
| Today I helped at home! Here is what I did: | By myself | I did it with help! |  |
| Today I (asked/answered questions, etc) | By myself | I did it with help! |  |
| Today I picked up my toys/got dressed | By myself | I did it with help! |  |
| Parent/Guardian Signature: | | | |