

USING AN ACTIVITY MATRIX TO EMBED IEP GOALS AND OBJECTIVES THROUGHOUT THE DAY



- 1) list the child's goal areas along the top of the matrix
- 2) list the daily schedule of activities along the left side of the matrix, including all routines throughout the day (lunch, recess, etc.)
- 3) in each corresponding "block," write how the child will be supported and/or practice each skill during the daily activities and which IEP goal will be used

DAILY ACTIVITIES AND ROUTINES:	Goal area:	Goal Area:	Goal Area:	Suggestions about helping your child
Morning: (Toileting, Washing hands, Brushing teeth)				
Meals and Snacks	Request food items and comment when asked about food choices	Shares snack items with family members , waits turn to be served	wash hands before and after meal times, help with wiping table	help your child cut out pictures of food from magazines, glue the pictures on paper for a "pretend" menu. Sort the photos of food by colors or by kinds of food, sort by whether child says they like the food or not
Play				
Daily Routines (as appropriate: book and story time, helping with chores, practicing skills)				
Rest or down Time				

Prompts: Vi – visual (show a picture or drawing) V – verbal (explain what to do, repeat your directions)

M– model (say "watch me" and show what to do) P – physical (lead child's hand or guide child's movements to help)