

## Embedded instructional strategies in developmental domains

### 2b. Gross and fine motor skills are included in daily lessons and activities.

#### Quality Indicators

- Movement activities are provided periodically throughout the day (ex. movements, marching, walking like animals during circle and/or transitions)
- Active play is facilitated and encouraged.
- A variety of fine motor activities and materials are available throughout the day.
- Fine motor activities are developmentally appropriate and engaging and children receive assistance in fine motor tasks if needed.
- Adapted materials and tools are available for fine and gross motor activities



#### Questions to ask

- ✓ Are motor breaks and motor activities built into daily routines (example: movement activities interspersed with seated activities during circle time; movements incorporated into transitions)?
- ✓ Does the classroom offer a variety of fine motor activities, some of which are provided in centers and free choice areas?
- ✓ Do adults encourage and reinforce gross and fine motor activities throughout the day?



#### Supports, Accommodations, Adaptations

**Links for Additional Information**  
**Right click to open in new window**

#### **Universal Supports**

- Lesson plans and daily schedules should include opportunities for gross motor, fine motor, and perceptual motor activities throughout the day.
- Children are encouraged and reinforced for their participation in motor activities at varying levels of developmental skills.

[Universal Design in Early Childhood](#)

[Florida Early Learning and Developmental Standards](#)

#### **Targeted/Specialized Supports**

- Specialized materials and tools are provided to meet physical, cognitive, and developmental needs.
- Movement and sensory activities are provided periodically and increased for children based on individual needs.
- Assistance and individual instruction are provided when needed.

[TATS Focus on Self-care and Motor Skills - links to strategies](#)

[Head Start Body Start: Simple Ways to Get Moving](#)

[Best Practices for Incorporating Physical Activities \(Nemours\)](#)

[Examples of Fine Motor Classroom Activities](#)

#### **Intensive Interventions**

- Consult and collaborate with therapists and service providers to provide needed accommodations and adaptations for children with significant needs for support.
- Provide assistance and individualized instruction and guided practice with extended time allotments as needed.

[TATS Talks - Integrated Therapy](#)

[Accommodations for Supporting Children in Art and Fine Motor](#)