Embedded instructional strategies in developmental domains

2b. Gross and fine motor skills are included in daily lessons and activities.

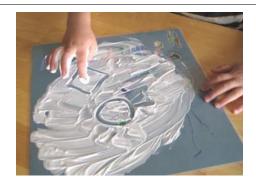
Quality Indicators

- Movement activities are provided periodically throughout the day (ex. movements, marching, walking like animals during circle and/or transitions)
- Active play is facilitated and encouraged.
- A variety of fine motor activities and materials are available throughout the day.
- Fine motor activities are developmentally appropriate and engaging and children receive assistance in fine motor tasks if needed.
- Adapted materials and tools are available for fine and gross motor activities



- ✓ Are motor breaks and motor activities built into daily routines (example: movement activities interspersed with seated activities during circle time; movements incorporated into transitions)?
- ✓ Does the classroom offer a variety of fine motor activities, some of which are provided in centers and free choice areas?
- ✓ Do adults encourage and reinforce gross and fine motor activities throughout the day?





Supports, Accommodations, Adaptations

Universal Supports

- → Lesson plans and daily schedules should include opportunities for gross motor, fine motor, and perceptual motor activities throughout the day.
- → Children are encouraged and reinforced for their participation in motor activities at varying levels of developmental skills.

Links for Additional Information Right click to open in new window

Universal Design in Early Childhood

Florida Early Learning and Developmental Standards

Targeted/Specialized Supports

- → Specialized materials and tools are provided to meet physical, cognitive, and developmental needs.
- → Movement and sensory activities are provided periodically and increased for children based on individual needs.
- → Assistance and individual instruction are provided when needed.

<u>TATS Focus on Self-care and Motor Skills - links to strategies</u>

Head Start Body Start: Simple Ways to Get Moving

Best Practices for Incorporating Physical Activities (Nemours)

Examples of Fine Motor Classroom Activities

Intensive Interventions

- → Consult and collaborate with therapists and service providers to provide needed accommodations and adaptations for children with significant needs for support.
- → Provide assistance and individualized instruction and guided practice with extended time allotments as needed.

TATS Talks - Integrated Therapy

Accommodations for Supporting Children in Art and Fine
Motor