

Getting to Know Me + My Family

My Transition Book



My Name

_ My Birthday

___ Signature of My Parent(s) and Date

Here is a photo of me:

Here is a photo of my family:

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 TATS is funded by the State of Florida, Department of Education, Bureau of Exceptional Education and Student Services (BEESS), through federal assistance under the Individuals with Disabilities Act (IDEA), Part B, Section 619).

I like to be called by this name:

The people in my family are:

We speak this language(s) in our home:

Family traditions and customs that are important to my family are:

Holidays that my family celebrates (name of holiday and date) are:

My pet(s) is/are:

My pet's name(s) is/are:

My favorite toys/games to play with are:

A song I like to sing is:

The things I'm a little bit afraid of are

My favorite activities, characters, things to do (for example: dinosaurs, princesses, Dora, Legos, etc.) are

When I'm outside I like to play on (for example: swing, trike, playground, with toys, other):

I like books about:

Here is the way I like to communicate (pictures, signs, words):

The foods I like to eat the most are:

The foods I don't like to eat are:

My family thinks this is the most wonderful thing about me:

The thing that makes me most excited about starting my new school is:

The things that will make me comfortable in my new school are:

My family thinks the information below will help you to better understand my needs:

- 1. I may need this kind of help in the bathroom:
- 2. I may need this kind of help in getting dressed:
- 3. I may need this kind of help at lunch and snack time:
- 4. I may need this kind of help with walking, sitting, standing, or moving around:
- 5. When I'm playing outside, I might need a little help with:
- 6. This is how I play with other children:

Important medical information that you need to know about me:

- 1. I have some allergies, and they are:
- 2. I take this kind of medication:
- 3. I have been in the hospital or treated for this medical condition:

My family would like more information about the following topics:

Other information my family wants to share: