# Embedded Learning Opportunities Activity Matrix

**Codes for Progress:**

0 = did not attempt 1 = did it with help 2 = did it independently X = no chance to do this

**Child’s Name: Date:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Goal Area:****Target Skill** | **Family Input****How Did it Go? Mark the box****Comments and Questions** | **Teacher - Therapist Input Teacher comments and questions for discussion** |
| **Mealtime (including snacks and skills such as feeding self, helping** | \*Gets upset when she has to wait too long for things.When your child starts to get upset reflect their feelings and help them to use their calming | I let her take her stuffed animal to the table with her and it helped distract her while she was waiting so she didn't get upset. | Great job preventing the behavior. Consider ways to prevent behavior before it starts in other parts of the day. |
| **prepare and** | strategy to feel better. |  |
| **clean up)** |
| **Playtime (Pretend play, blocks,****puzzles, toys, books,** | \*Gets upset when she has to share or take turns.When your child starts to get upset reflect their feelings and help them to use their calming strategy to feel better. | She got upset when brother wanted turn- screaming and crying. I had to bring her music- after a few minutes she calmed down. | Consider working with family on prompts that might help Sara get the calming object herself. |
| **games)** |
| **Daily** | \*Gets upset when she has to follow directions or routines.When your child starts to get upset reflect their feelings and help them to use their calming strategy to feel better. | Didn’t want to wash hands, ran away, fell to floor screaming, crying. I brought her the stuffed animal and eventually she calmed down and washed her hands- took a long time- not sure we can take this much time every day. | Consider setting up routine beforehand – stuffed animal already at sink or walks with her to sink. Consider more motivating reinforce, breakfast treat, etc. to help her comply more quickly.  |
| **Routines (Hygiene, self- care, rest, practicing skills)** |

SARA

X

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e music

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