# Embedded Learning Opportunities Activity Matrix

**Codes for Progress:**

0 = did not attempt 1 = did it with help 2 = did it independently X = no chance to do this

**Child’s Name: Date:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Goal Area:**  **Target Skill** | **Family Input**  **How Did it Go? Mark the box**  **Comments and Questions** | **Teacher - Therapist Input Teacher comments and questions for discussion** |
| **Mealtime (including snacks and skills such as feeding self, helping** | \*Gets upset when she has to wait too long for things.  When your child starts to get upset reflect their feelings and help them to use their calming | I let her take her stuffed animal to the table with her and it helped distract her while she was waiting so she didn't get upset. | Great job preventing the behavior. Consider ways to prevent behavior before it starts in other parts of the day. |
| **prepare and** | strategy to feel better. |  |
| **clean up)** |
| **Playtime (Pretend play, blocks,**  **puzzles, toys, books,** | \*Gets upset when she has to share or take turns.  When your child starts to get upset reflect their feelings and help them to use their calming strategy to feel better. | She got upset when brother wanted turn- screaming and crying. I had to bring her music- after a few minutes she calmed down. | Consider working with family on prompts that might help Sara get the calming object herself. |
| **games)** |
| **Daily** | \*Gets upset when she has to follow directions or routines.  When your child starts to get upset reflect their feelings and help them to use their calming strategy to feel better. | Didn’t want to wash hands, ran away, fell to floor screaming, crying. I brought her the stuffed animal and eventually she calmed down and washed her hands- took a long time- not sure we can take this much time every day. | Consider setting up routine beforehand – stuffed animal already at sink or walks with her to sink.  Consider more motivating reinforce, breakfast treat, etc. to help her comply more quickly. |
| **Routines (Hygiene, self- care, rest, practicing skills)** |

SARA

X

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Matrix and website developed by the Maryland State Department of Education, Division of Special Education/Early Intervention Services in collaboration with



Johns Hopkins University’s Center for Technology in Education, 2014.

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Adapted by Technical Assistance and Training System - tats.ucf.edu