

# Activity Matrix for Learning Objectives – Embedding IEP goals in Daily Routines



Child's Name: \_\_\_\_\_ Dates: \_\_\_\_\_

Objective:	1. Goal Area:	2. Goal Area	3. Goal Area:
Home Schedule			
Wake Up, Hygiene (toileting, wash hands, brush teeth, get dressed)			
Breakfast			
Play (pretend play, blocks, books, toys)			
Snack			
Structured Story time or Looking at pictures			
Outdoor Play (walk, play in the yard, bike riding, water play, outdoor games)			
Lunch			
Rest or down time			
Family activities Hobbies, Crafts, Art, Dinner Prep, Helping with chores, Bath and Bedtime routines			

**Prompting:** A prompt is a way of helping your child. Try not to give too much help but at the same time, help your child when needed to avoid frustration. Some examples are listed here:  
**Vis** = visual prompt (show a picture or a picture schedule of what the skill looks like)  
**V** = verbal (give directions, repeat directions, tell your child what to do at each step of a skill)  
**M** = Modeling (show your child by doing the skill and having him repeat what you did)  
**P** = Physical (gently guide your child's hands or movements)

## Notes, Suggestions, and Links to Ideas for Activities