



## Embedded Learning Opportunities Activity Matrix

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Child's Name:

Date:

	Goal Area:	Goal Area	Goal Area:
<b>Mealtime</b> (including snacks and skills such as feeding self, helping prepare and clean up)			
<b>Playtime</b> (Pretend play, blocks, puzzles, toys, books, games)			
<b>Daily Routines</b> (Hygiene, self-care, rest, practicing skills)			

