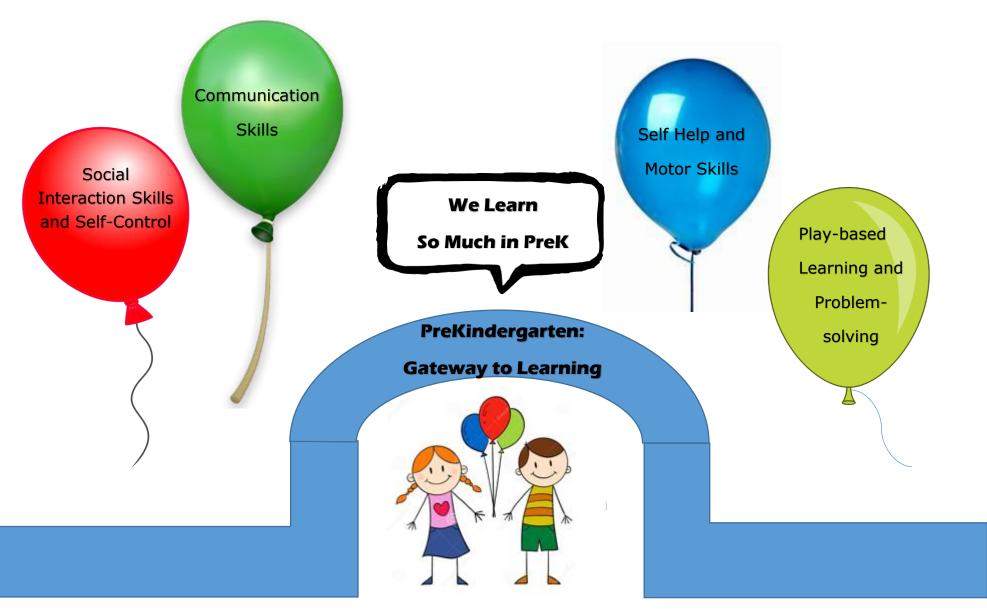
A Family's Guide to the Importance of PreK



Social Interaction Skills and Self-Control

- Making friends and playing appropriately by self or with others
- Sharing, taking turns
- Sitting in groups, walking in line
- Learning how to resolve conflicts with peers
- Following classroom rules
- Expressing emotions and feelings appropriately
- Exhibiting self-control regarding aggressive behavior to self or others

Communication Skills

- Learning alternative communication methods, if needed
- Communicating with peers
- Listening to adults and responding to their questions or directions
- Expressing needs for help in dressing, eating, and bathroom
- Participating in conversations and circle time activities

Self Help and Motor Skills

- Learning to take care of personal needs
- Learning and follow rules for lunch time and snacks
- Transitioning to new activities or spaces safely
- Knowing where personal possessions are and put them in appropriate place
- Learning age and ability appropriate physical skills such as, hopping, skipping, jumping, catching a ball and running

Play-based Learning and Problem Solving

- Using learning materials appropriately to gain new skills
- Participating in activities to learn how to look at and solve problems
- Picking up and putting away materials after use
- Participating in small and large group activities interacting with peers and teachers
- Using outdoor equipment appropriately
- Working out conflict situations with others

PreK builds the skills children need for literacy, math and other academic readiness skills. https://www.rasmussen.edu/degrees/education/blog/why-preschool-important-myths/



