

A Family's Guide to the Importance of PreK

Communication Skills

Social Interaction Skills and Self-Control

**We Learn
So Much in PreK**

Self Help and Motor Skills

Play-based Learning and Problem-solving

**PreKindergarten:
Gateway to Learning**



Social Interaction Skills and Self-Control	Communication Skills
<ul style="list-style-type: none"> • Making friends and playing appropriately by self or with others • Sharing, taking turns • Sitting in groups, walking in line • Learning how to resolve conflicts with peers • Following classroom rules • Expressing emotions and feelings appropriately • Exhibiting self-control regarding aggressive behavior to self or others 	<ul style="list-style-type: none"> • Learning alternative communication methods, if needed • Communicating with peers • Listening to adults and responding to their questions or directions • Expressing needs for help in dressing, eating, and bathroom • Participating in conversations and circle time activities
Self Help and Motor Skills	Play-based Learning and Problem Solving
<ul style="list-style-type: none"> • Learning to take care of personal needs • Learning and follow rules for lunch time and snacks • Transitioning to new activities or spaces safely • Knowing where personal possessions are and put them in appropriate place • Learning age and ability appropriate physical skills such as, hopping, skipping, jumping, catching a ball and running 	<ul style="list-style-type: none"> • Using learning materials appropriately to gain new skills • Participating in activities to learn how to look at and solve problems • Picking up and putting away materials after use • Participating in small and large group activities – interacting with peers and teachers • Using outdoor equipment appropriately • Working out conflict situations with others

PreK builds the skills children need for literacy, math and other academic readiness skills.
<https://www.rasmussen.edu/degrees/education/blog/why-preschool-important-myths/>

