

Teaching choice making

Making simple choices of centers, snacks, and other activities throughout the day is the foundation for making more important decisions in the future.

Some important strategies in teaching choice making are:

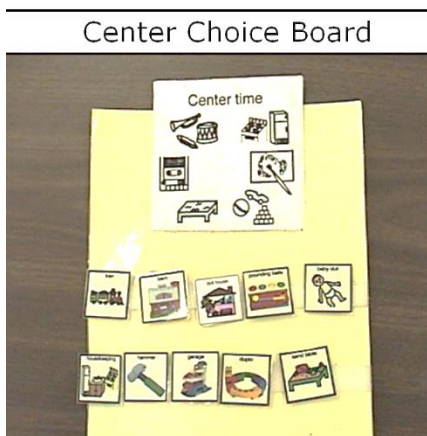
- Begin with simple choices such as a center or toy area.
- Add more complicated choices such as calming techniques or first/then contingencies during times when a child is calm and engaged/listening/attending.
- Allow time for thinking and processing.
- Help children understand consequences of choices in pro-active lessons.



Response to a command.



Response to a choice with "you decide".



Choice Chart

